

A minimally invasive treatment for Benign Prostatic Hyperplasia (BPH)

An option for men seeking relief without long-term medication
Water Vapour Therapy



What is BPH?

Benign Prostatic Hyperplasia (BPH) is an enlargement of the prostate gland affecting about 50% of men by age 60, and up to 90% of men by age 85.¹ This enlargement can compress the urethra, reducing the flow of urine from the bladder, and sometimes blocking it entirely.

The symptoms of BPH include:

- Urinary frequency
- Irregular flow
- Urgency
- Weak stream
- Straining
- Getting up at night to urinate

Treating BPH

Do not want to rely on long-term medication? Water Vapour Therapy is a minimally invasive option designed to reduce BPH symptoms and an alternative to long-term combination medication.



90%

of men aged 50 to 85 years suffer from potentially troublesome BPH¹

24 million

men in Europe are affected by BPH¹

Backed by clinical studies Rezūm™ Water Vapour Therapy has been evaluated in multiple clinical studies, including a recent randomized study comparing to drug therapy in men with ongoing BPH symptoms.

Results showed meaningful symptom relief while helping preserve sexual function — outcomes that potentially matter to men when considering treatment options.³

What about sexual function?

Rezūm™ is designed to treat urinary symptoms while minimising impact on sexual function.³ Clinical studies show that sexual function is generally maintained following treatment.*

See the difference

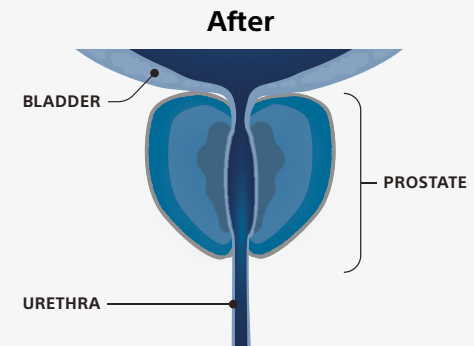
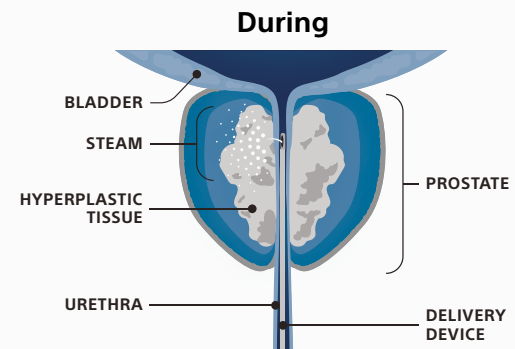
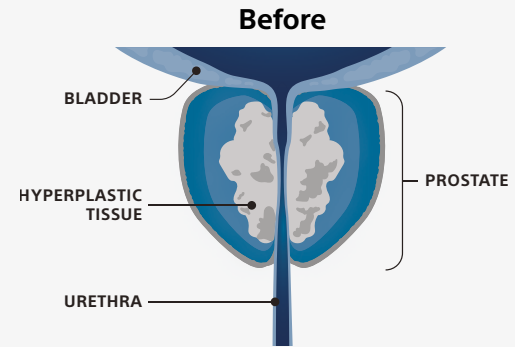
Water Vapour Therapy uses the natural energy stored in water vapour, or steam. Clinical studies show a positive safety profile with the ability to relieve symptoms associated with BPH.²

During each 9-second treatment, sterile water vapour is released throughout the targeted prostate tissue. When the steam turns back into water, all the stored energy is released, causing the cells to die.

Over time, your body's natural healing response removes the dead cells, shrinking the prostate. With the extra tissue removed, the urethra opens, reducing BPH symptoms.

Most patients begin to experience symptom relief in as soon as two weeks, and maximum benefit may occur within three months. Patient responses can and do vary.

Talk to your doctor to see which BPH treatment is right for you.



The number of water vapour treatments varies depending on the size of the prostate. The procedure is done during one appointment. The images above are intended to show how the procedure works, not to provide an exact representation of patient results.

*Dependent on individual clinical situation and healing response.

- 1 Rees J, Bultitude M, Challacombe B. The management of lower urinary tract symptoms in men. *BMJ*. 2014;348:g3861.
- 2 McVary KT, Gange SN, Gittelman MC, et al. Minimally invasive prostate convective water vapour energy (WAVE) ablation: A multicentre, randomised, controlled study for treatment of lower urinary tract symptoms secondary to benign prostatic hyperplasia. *J Urol*. 2016 May;195(5):1529-38.
- 3 Mathieu R, Xylinas E, Fournier M, et al. Water Vapor Thermal Therapy with Rezūm vs combination therapy for male LUTS/BPO: 1-year results from a prospective, multicenter randomized controlled trial (VAPEUR-RCT). Presented at: 41st Annual European Association of Urology (EAU) Congress; 2026; London, UK. Abstract LB26-0074.

The Rezūm System is intended to reduce prostate tissue and relieve urinary symptoms caused by an enlarged prostate, or BPH. With all medical procedures, there are risks associated with the procedure and the use of the device. The risks include but are not limited to painful or frequent urination, blood in the urine or semen, inability to urinate or completely empty the bladder, urinary tract infection (UTI), decrease in ejaculatory volume, and an urgent need to urinate.

During the healing phase following the procedure, urinary symptoms may continue or worsen, which may require the use of a catheter for several days.

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